A Gift to My Intern

Abigail Ford Winkel, MD, MHPE

hat I would give to you Is the knowledge that Whatever you can give, Whoever you can be, However you can make it work And live as you, really you . . . It will be enough.

You will fall down,
You will fail.
You will feel hot tears fill your eyes
And urge them not to spill,
But you will feel them
Wet your cheeks,
Reminding you.

You will wish you could do
More. That you could be more
Than you have been.
But you will be enough.
You will feel the beat of your own heart
Drum in rhythm with the suffering of others
And you will hold out your hand to them.

And that will be enough.

Abigail Ford Winkel, MD, MHPE, is Associate Professor and Vice Chair for Education, Department of Obstetrics and Gynecology, New York University Langone Health.

Corresponding author: Abigail Ford Winkel, MD, MHPE, New York University Langone Health, Department of Obstetrics and Gynecology, NBV 9E2, 550 First Avenue, New York, NY 10016, 212.263.8683, fax 212.263.8251, abigail.winkel@nyumc.org